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UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

**Form 6-K**

**REPORT OF FOREIGN PRIVATE ISSUER PURSUANT TO RULE 13a-16 OR 15d-16  
UNDER THE SECURITIES EXCHANGE ACT OF 1934**

For the month of July 2022.

Commission File Number: 001-40065

**IM Cannabis Corp.**

(Exact Name of Registrant as Specified in Charter)

**Kibbutz Gilil Yam, Central District, Israel 4690500**

(Address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F  Form 40-F

Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(1): \_\_\_\_\_

**Note:** Regulation S-T Rule 101(b)(1) only permits the submission in paper of a Form 6-K if submitted solely to provide an attached annual report to security holders.

Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(7): \_\_\_\_\_

**Note:** Regulation S-T Rule 101(b)(7) only permits the submission in paper of a Form 6-K if submitted to furnish a report or other document that the registrant foreign private issuer must furnish and make public under the laws of the jurisdiction in which the registrant is incorporated, domiciled or legally organized (the registrant's "home country"), or under the rules of the home country exchange on which the registrant's securities are traded, as long as the report or other document is not a press release, is not required to be and has not been distributed to the registrant's security holders, and, if discussing a material event, has already been the subject of a Form 6-K submission or other Commission filing on EDGAR.

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**SIGNATURE**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

**IM CANNABIS CORP.**  
(Registrant)

Date: July 11, 2022

By: /s/ Oren Shuster  
Name: Oren Shuster  
Title: Chief Executive Officer and Director

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**EXHIBIT INDEX**

99.1 [Form 11 – Notice of Proposed Stock Option Grant or Amendment dated July 11, 2022](#)

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FORM 11

**NOTICE OF PROPOSED STOCK OPTION GRANT OR AMENDMENT**

Name of Listed Issuer: IM Cannabis Corp. (the "Issuer"). Trading Symbol: IMCC

Date: July 11, 2022

**1. New Options Granted:**

Date of Grant: July 4, 2022

Name of Optionee	Position (Director/ Officer/ Employee/ Consultant/ Management Company	Insider Yes or No?	No. of Optioned Shares	Exercise Price	Expiry Date	No. of Options Granted in Past 12 Months
Employees and/or Consultants of the Issuer	Employees	No	3,500	\$0.82	July 4, 2027	367,500

Total Number of optioned shares proposed for acceptance: 3,500.

2. Other Presently Outstanding Options:

Name of Optionee	No. of Optioned Shares <sup>(1)</sup>	Exercise Price	Original Date of Grant	Expiry Date
Employees and/or Consultants of the Issuer	18,500	\$1.21	June 6, 2022	June 6, 2027
Employees and/or Consultants of a Subsidiary	10,000	\$1.21	June 6, 2022	June 6, 2027
Employees and/or Consultants of the Issuer	9,000	\$2.73	April 4, 2022	April 4, 2027
Employees and/or Consultants of a Subsidiary	10,000	\$2.73	April 4, 2022	April 4, 2027
Directors and/or Officers of the Issuer	50,000	\$2.73	April 4, 2022	April 4, 2027
Employees and/or Consultants of the Issuer	5,000	\$4.62	December 27, 2021	December 27, 2026
Employees and/or Consultants of a Subsidiary	3,500	\$4.62	December 27, 2021	December 27, 2026
Employees and/or Consultants of the Issuer	24,000	\$4.50	September 27, 2021	September 27, 2026
Employees and/or Consultants of a Subsidiary	3,300	\$34.55	July 9, 2021	September 27, 2022
Directors and Officers of the Issuer	1,168,715	\$5.87	May 19, 2021	May 19, 2026
Employees and Consultants of the Issuer	245,739	\$5.87	May 19, 2021	May 19, 2026
Directors and/or Officers of a Subsidiary	520,000	\$10.02	March 18, 2021	March 18, 2026
Employees and/or Consultants of a Subsidiary	155,000	\$10.02	March 18, 2021	March 18, 2026
Directors and/or Officers of the Issuer	180,000	\$10.00	February 28, 2021	February 28, 2026
Employees and/or Consultants of the Issuer	5,500	\$10.00	February 8, 2021	February 8, 2026
Employees and/or Consultants of the Issuer	10,000	\$8.56	December 15, 2020	December 15, 2025
Employees and/or Consultants of a Subsidiary	25,000	\$7.12	October 23, 2020	October 23, 2025
Employees and/or Consultants of the Issuer	3,750	\$7.12	October 23, 2020	October 23, 2025
Employees and/or Consultants of the Issuer	13,750	\$5.80	July 17, 2020	July 17, 2025
Employees and/or Consultants of the Issuer	214,680	\$4.00	June 9, 2020	June 9, 2025
Employees and/or Consultants of a Subsidiary	31,250	\$4.00	June 9, 2020	June 9, 2025
Directors and/or Officers of the Issuer	190,000	\$4.00	June 9, 2020	June 9, 2025
Employees and/or Consultants of the Issuer	163,725	\$1.60	October 11, 2019	January 4, 2029
Directors and/or Officers of the Issuer	550,000	\$1.60	October 11, 2019	January 4, 2029
Employees and/or Consultants of the Issuer	105,000	\$1.60	October 11, 2019	September 11, 2029
Directors and/or Officers of the Issuer	675,000	\$1.60	October 11, 2019	September 11, 2029
Directors and/or Officers of the Issuer	62,500	\$1.60	October 11, 2019	April 7, 2029
Employees and/or Consultants of the Issuer	2,087	\$1.60	October 11, 2019	May 13, 2029
Employees and/or Consultants of the Issuer	55,000	\$1.60	October 11, 2019	August 11, 2029
Directors and/or Officers of a Subsidiary	37,500	\$1.60	October 11, 2019	July 30, 2029
Employees and/or Consultants of the Issuer	4,000	\$4.20	October 11, 2019	October 9, 2022

(1) Set out number of optioned shares for each grant with different terms.

**3. Additional Information**

- (a) If shareholder approval was required for the grant of options (including prior approval of a stock option plan), state the date that the shareholder meeting approving the grant was or will be held. **July 28, 2021**
- (b) State the date of the news release announcing the grant of options. **N/A**
- (c) State the total issued and outstanding share capital at the date of grant or amendment. **69,695,325 common shares**
- (d) State, as a percentage of the issued and outstanding shares of the Issuer indicated in (c) above, the aggregate number of shares that are subject to incentive stock options, including new options, amended options and other presently outstanding options. **6.26%**
- (e) If the new options are being granted pursuant to a stock option plan, state the number of remaining shares reserved for issuance under the plan. **2,604,536**.
- (f) If the Issuer has completed a public distribution of its securities within 90 days of the date of grant, state the per share price paid by the public investors. **N/A**
- (g) Describe the particulars of any proposed material changes in the affairs of the Issuer. **N/A**

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**4. Certificate of Compliance**

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).
4. All of the information in this Form 11 Notice of Proposed Stock Option Grant or Amendment is true.

July 11, 2022.

Oren Shuster  
Name of Director or Senior Officer

"Oren Shuster"  
Signature

Chief Executive Officer Official Capacity

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